



Players and Parents of Goshen JFL,

The Goshen Junior Football League would like to welcome you to the 2023 Season of JFL! The Board of Directors, volunteers, and sponsors of Goshen JFL are very proud to provide this program for the young student-athletes in the Goshen Community and beyond.

The Goshen Junior Football league is an instructional football league for 4th, 5th, and 6th Grade students. We emphasize having fun, while teaching the fundamentals of tackle football with a team-first approach. WE ARE ALL GOSHEN FOOTBALL!

All adults associated with Goshen JFL are volunteers. This includes coaches, officials, helpers, and directors. They are committed to providing the best possible experience for the student-athletes. Please respect their time and commitment to the players, the community, and Goshen JFL. All coaches are SEA 222 Certified and have completed a background check.

Parent and Player Expectations

Parents

Online registration opens in April at goshenjfl.com. **This is our preferred way of registering. Please register online if possible.** Instructions on what needs to be completed can be found on the Registration page at goshenjfl.com. All appropriate documents must be signed and brought when you pick up your equipment.

During the season it is important that you have an open line of communication with the Head coach for your player's team. If your player will not be at practice for any given reason, please inform your coach. This may affect the practice plan and their teammates so please give the coach as much notice as possible.

During Saturday game days **DO NOT** park in any of the business parking lots along Lincoln Avenue. There is plenty of parking at the Goshen Little League parking lot just south of Pringle Park. Please have your student-athlete there **AT LEAST 30 minutes** before game time **OR** at the time specified by the Head Coach of your team. If this is not possible, again, please communicate with your coaches as soon as possible.

The equipment provided to the players is for JFL activities and **JFL activities ONLY**. It should not be used outside of the practices or games. We ask that you maintain the equipment in the following manor:

- Wash pants and practice jerseys weekly and/or before each game
- Wash game jersey after each game (do not use bleach)
- Hand wash shoulder pads and helmets with soapy water when necessary

All equipment will be returned to the league upon completion of the season or in the unfortunate event that a player decides he/she no longer wants to participate. It is the responsibility of the player and his/her family to ensure that all the equipment is returned.

If you have any questions, comments or concerns, please do not hesitate to contact your head coach or Caleb, the JFL Director.

Players

It is a privilege, not a right, to be a part of Goshen JFL. All of the adults associated with this League are volunteers dedicated to teaching the players the game of football. However, that requires a commitment from the players to get the most out of each practice and game. The expectations are as follows:

- Show up prepared and on time
 - Practices: All of your equipment EXCEPT your game jersey
 - Games: All of your equipment INCLUDING game jersey
 - Water/Drink: Please bring a water bottle or equivalent sports drink with you to practice
- Give 100% effort during practice and games
 - With only two practices a week, players need try their hardest during practice to get the most out of Goshen JFL experience and to be prepared for games
 - This is a team game; your teammates are relying on you to play hard
- Have a positive attitude and be willing to learn from the coaches
 - The coaches would not instruct you to do something if it made you a worse player; they are telling you to do things a certain way because they want to see you improve!
 - If you have a question about any drill, play, or anything football related, please ask your coach
- Communicate with your coaches
 - If there is an issue you have about anything related to JFL, the practices, coaches, equipment, games, etc. please talk to your coach or a Director about it so we can get the issue resolved immediately

We hope that if everyone follows these guidelines and expectations, 2023 will be the best year of Goshen JFL we've had yet. We hope you're as excited for this season as we are!

If there are any questions about anything in this letter or related to JFL please don't hesitate to contact Caleb VanderReyden at 574-312-8449.

Sincerely,

Caleb VanderReyden